W/B 18TH NOVEMBER 2024

MEAL/SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereals toast	Cereals toast	Cereals toast	Cereals toast	Cereals toast
	Banana	Pear	Orange	Banana	Orange
	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water
MID MORNING	Rice cakes Orange	Banana Toast	Bread Sticks Pear	Rice Cakes Apple	Bread Sticks Apple
SNACK	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water
LUNCH	Chicken nuggets. Vegetable Burger (V) Served with Potato Shapes and Beans	Quorn Bolognaise served with spaghetti and Mixed Vegetables	Minced beef hotpot Cheese & Potato Bake (V) Served with Peas, Carrots.	Herby tomato & bean pasta (V) Served with Broccoli, Sweetcorn.	Beef Lasagne Tomato & Lentil Lasagne (V) Served with Garlic Bread & Mixed Vegetable
	Rice Pudding	Jam Tarts	Raisin Flapjack	Apple crumble and custard	Natural Yoghurt & Dried Fruit
	Water	Water	Water	Water	Water
MID AFTERNOON	Toast Apple	Orange Malt Loaf	Banana Tea Cakes	Bread Sticks Orange	Toast Banana
SNACK	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water
TEA	Tomato Soup with wholemeal bap	Crackers and cheese	Cheese and tomato pizza (v)	Cheese on toast	Potato and Cheese Bake
	Pear	Apple	Banana	Pear	Orange
	Milk/water	Milk/Water	Milk/Water	Milk/Water	Milk/Water